

HOW TO CREATE YOUR PLAN

Creating a comprehensive, tailored Cigna Global Health Thailand plan is simple.

1. SELECT YOUR AREA OF COVERAGE

We offer a choice of three areas of coverage depending on where you need cover in the world.



**OPTION 1:
ASIA ONLY**
(Excluding China, Hong Kong, and Singapore)



**OPTION 2:
WORLDWIDE
EXCLUDING USA**



**OPTION 3:
WORLDWIDE**

2. SELECT YOUR CORE PLAN

All of our plans start with Inpatient and Daypatient Medical Treatment. This is your essential cover for hospital stays and treatments.

You have three plans to choose from:



SILVER HEALTH:
up to \$35,000,000



GOLD HEALTH:
up to \$70,000,000



PLATINUM HEALTH:
up to \$150,000,000

3. ADD OPTIONAL BENEFITS

You have the flexibility to create a health insurance plan that suits your unique needs. In addition to your core Inpatient and Daypatient Medical Treatment, you can choose to include the following optional benefits:



**OUTPATIENT MEDICAL
TREATMENT**



**MEDICAL EVACUATION
AND REPATRIATION**



**HEALTH AND
WELLBEING**



**VISION AND
DENTAL**



**MOTHER AND
BABY CARE**

4. MANAGE YOUR PREMIUM

You have the flexibility to adjust your premium to suit your budget with a wide range of:

DEDUCTIBLES

COST SHARES

These are voluntary amounts that you choose to pay that are not covered by your plan. If you choose a deductible and/or cost share, your premium will be lower than it otherwise would be.

5. MANAGE YOUR PAYMENT OPTIONS

Finally, you have the freedom to choose at which frequency you pay for your policy. If you choose an annual or quarterly payment, your premium will be slightly lower than it otherwise would be.



ANNUALLY



QUARTERLY



MONTHLY

You can make payments by debit or credit card, or if you pay annually, you can pay by bank wire transfer.