

EXPAT STORY

Jay in Canada and Oman

In the October issue of Global Health, we asked you to submit your expat stories, to be in with a chance of winning a Fitbit® Flex™. We are delighted to introduce one of the winners, Jay, and his story. We hope you enjoy reading it as much as we did!



Jay made the move from India to Oman, and then to Canada.

As Mark Twain says ‘Twenty years from now you will be more disappointed by the things you didn’t do than by the ones you did do. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.’

So in search of a better life we first moved to Muscat, Oman from India. Stayed there for 8 years - had lots of fun and experienced the new Islamic culture with friendly local people, wandered around wonderful beaches and mountains.

Just 3 months ago, we moved to Canada, our new home. So here we are, from 45 degrees plus to minus 18 and snow land. Our last 3 months in Canada have been like ‘living in Wonderland’.

New experiences every day at the age of 40 makes me feel like 20. Yes, that’s what we wake up and check the weather for. We loved the fall colors, the first flurries of snow, the first morning view where everything was covered up with a blanket of white, soft, smooth and thick snow.

We are enjoying our daily treasure hunt and success in searching everything that we need.



Living in 3 countries we have been able to enjoy festivals of 3 religions along with 3 different climates.

In India, Diwali is the main festival of Hindus and it's an awesome festival of lights, crackers, yummy food items, meeting family and friends, and celebrating it together. In Oman we celebrated Eids with same excitement. Now we get to see the Thanksgiving and Christmas here in Canada.

The spirit and enthusiasm of people during festivals everywhere is the same. It's fun, frolic and enjoying with whatever God has blessed us with.

The majority of people everywhere have been good, and we are lucky to meet optimistic and helpful friends.

Finally we are living the quote of Bill Bryson:

“To my mind, the greatest reward and luxury of travel is to be able to experience everyday things as if for the first time, to be in a position in which almost nothing is so familiar it is taken for granted.”

